

**WE HAVE LAWS TO HELP KEEP EVERYONE SAFE AND HEALTHY AT WORK.**

# LIFTING & HANDLING



**AUPE  
OCCUPATIONAL  
HEALTH & SAFETY  
COMMITTEE**

You have the right to a safe workplace that eliminates or reduces your chances of injury due to heavy, large or awkward loads. Know your rights and responsibilities when it comes to lifting and handling procedures.

## **Part 14 of the OHS Code - Lifting and Handling Loads:**

- 208 (1) An employer must provide, where reasonably practicable, appropriate equipment for lifting, lowering, pushing, pulling, carrying, handling or transporting heavy or awkward loads.
- 208 (2) An employer must ensure that workers use the equipment provided under subsection (1).
- 208 (3) Workers must use the equipment provided for lifting, lowering, pushing, pulling, carrying, handling or transporting heavy or awkward loads.
- 208 (4) For the purposes of this section, a heavy or awkward load includes equipment, goods, supplies, persons and animals.
- 210 (1) Before a worker manually lifts, lowers, pushes, pulls, carries, handles or transports a load that could injure the worker, an employer must perform a hazard assessment.
- 211.1 (1) An employer must ensure that a worker who may be exposed to the possibility of musculoskeletal injury is trained in specific measures to eliminate or reduce that possibility.

## **If you experience issues regarding lifting and handling of loads you should:**

- Report your concerns to your employer.
- Complete an OHS Issue Reporting form at [www.aupe.org](http://www.aupe.org).
- Notify your AUPE Membership Services Officer at 1-800-232-7284.



**HAVE AN OHS ISSUE?  
REPORT IT HERE**

***WE CAN HELP!  
GO TO [WWW.AUPE.ORG](http://WWW.AUPE.ORG)***

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