

MEMBER UPDATE



You're not alone: Family Violence Prevention Month

***Help build healthier homes,
workplaces and communities***

November is Family Violence Prevention Month in Alberta. It is a time to increase awareness of the warning signs of family violence and share the resources available to support our friends, families and coworkers who may be experiencing abuse.

Family violence is an abuse of power in a family or other trusting relationship where people rely on each other. It includes domestic violence, intimate partnership violence, and child and elder abuse.

- Alberta has the third highest rate of self-reported spousal violence among Canadian provinces.
- More than four in 10 women and six in 10 Indigenous women in Alberta experience intimate partner violence in their lifetimes.
- Twenty-five per cent of Alberta workers reported experiencing the effects of domestic violence at work.
- About 6 in 10 individuals living in Canada reported experiencing some type of child maltreatment before they were 15 years old.

Anyone can be impacted by family violence which is why it's so important that we all do our part to support one another to build safer and healthier homes and communities.

SAVE THE DATE!

AUPE's Women's Committee will be hosting a webinar **You're not alone: Workplace Safety in Domestic Abuse Situations** to support members with resources and information on **Wednesday, Nov. 20 from 6 – 8 pm.**



SCAN
to register

*You have a right to live without fear, hurt, abuse and violence. Find a shelter or call the Alberta Council of Women's Shelters confidential and 24-hour hotline at **1-866-331-3933** to speak with someone at a shelter near you. **If you are in immediate danger, call 911.***

AUPE RESOURCE DIRECTORY
aupe.org/support-resources